



**Upstream Foundation**

PO Box 479

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## Upstream 50km Challenge Volunteer Registration Form

your details	Name			
	Email address		Mobile number	
	Postal address			

areas of interest	(please tick) <input type="checkbox"/>	<b>Checkpoint Coordinator</b> (Coordinate and manage volunteers and running of checkpoint)
	<input type="checkbox"/>	<b>Checkpoint Staff / Water Station</b> (Set up area, record check-in of participants, provide drinks and pack up area)
	<input type="checkbox"/>	<b>Equipment Staff</b> (Set up, transport and pack up of equipment at checkpoints)
	<input type="checkbox"/>	<b>Finish Activities</b> (Set up, drink sales, facepaint, announcer's assistant, pack up)
	<input type="checkbox"/>	<b>Media</b> (Video, photography, music, announcer)
	<input type="checkbox"/>	<b>Anywhere that is needed</b>

times available	(please tick) <input type="checkbox"/>	<b>Morning</b> (Please specify exact times between 5am – 12pm) _____
	<input type="checkbox"/>	<b>Afternoon</b> (Please specify exact times between 12pm – 9pm) _____

other comments?	
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Thank you for supporting the Upstream 50km Challenge.  
Please return this form to the postal address above or email to  
[melissa@upstreamfoundation.org](mailto:melissa@upstreamfoundation.org)